

60 POSITIVE AFFIRMATIONS FOR A HAPPY LIFE

Happiness Now

Affirmations.online

Affirmations 1 - 7

1

I feel powerful emotions of happiness each day!

2

Constantly, I am happy and with a joyous heart!

3

I love and respect myself; therefore, I choose to be happy!

4

Happiness is my companion in life!

5

I live a truly happy and inspired life!

6

Each day, I am happy, and joy fills my heart!

7

No matter the circumstances I find myself in, I always love and respect myself, and I always choose to be happy!

Affirmations 8 - 14

8

Being happy is my natural state!

9

Each day, I am happy and in love with life!

10

My life makes me happy: I feel fulfilled, cherished, loved, and protected!

11

Nothing can spoil my happiness: I simply am happy each day!

12

The more I enjoy life, the more there is of it to enjoy!

13

I am happy to live my life, and I like it!

14

I am in love with life, and each day, life loves me too!

Affirmations 15 - 21

- 15** I enjoy living my life, and constantly, there is more of it to enjoy!
- 16** The more I think of happiness, the happier I become!
- 17** Happiness is in me, I do not have to look elsewhere for it!
- 18** Joy is within me!
- 19** Every single day, I look inside of me and find happiness and joy!
- 20** All my days are shiny; and each day, I am with a happy heart!
- 21** I have a good attitude about life, and life treats me good!

Affirmations 22 - 28

- 22 Each day, I plant the seeds of happiness!
- 23 Each day, I enrich my life with happy, positive emotions and actions!
- 24 Each day, I think positive thoughts and take positive steps in the direction of happiness!
- 25 I think good about the present moment – it is a gift!
- 26 Whatever happens to me, I tend to stay positive!
- 27 I am a master when it comes to feeling good!
- 28 I live an amazing life; and amazing things happen to me all day long!

Affirmations 29 - 35

29

I am a truly happy human being!

30

Each day, each minute of my life, I am happy!

31

I constantly experience emotions of happiness and joy!

32

Whatever I do, I do it while being happy!

33

Wherever I go, I end up being happy!

34

I am one with happiness: happy are my thoughts and actions, and happy are the results that I achieve!

35

I stay happy, always!

Affirmations 36 - 42

- 36 There are countless blessings out there for me!
- 37 There is joy for me!
- 38 There is happiness for me, always!
- 39 I choose to smile and feel good each day!
- 40 Each day, I choose to live the life of a happy person!
- 41 I choose to be happy, to smile, to have fun!
- 42 My life provides me with big portions of happiness on a daily basis!

Affirmations 43 - 49

43

A smile is constantly on my face; and my life is a true blessing!

44

Happiness is with me each day!

45

Happiness is in my life to stay!

46

However I feel, I soon feel happy again!

47

Each day, I find true happiness in the things I do and the things that happen to me!

48

Each day is a happiness day!

49

I am well able to enjoy myself and have a good time!

Affirmations 50 - 56

- 50** Each minute is a minute of relaxation and fun!
- 51** I am easily able to shift my mood, and each day, I feel great!
- 52** Each day, I am in a great mood and feeling grateful about that!
- 53** I do not have to look for happiness, it easily finds me!
- 54** Whatever I experience in life, I tend to be happy!
- 55** Day in and day out, I am happy!
- 56** Wonderful experiences await me in life!

Affirmations 57 - 60

57 I feel happiness and love coming!

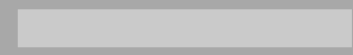
58 My life is full of wonderful experiences, and there are more to come!

59 I enjoy my days – they are full of fun and moments of happiness!

60 I choose to be joyful, to feel blessed, to be grateful and live life to the fullest!

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