

Gain strength fast

POSITIVE AFFIRMATIONS FOR A QUICK BOOST OF STRENGTH AND COURAGE

Quick Strength
And Courage

Affirmations.online



01

Quick Strength
And Courage

**Whenever I
need it,
courage is
with me!**

02

Quick Strength
And Courage

**There is no
fear in me: I
am a person
of courage!**

03

Quick Strength
And Courage

**In times of
need, courage
is with me,
and I feel
powerful and
strong!**

04

Quick Strength
And Courage

**Nothing and
no one can
stop me or
scare me – I
am
courageous!**

05

Quick Strength
And Courage

**Each day, I
am
courageous
and act
bravely in my
life!**

**When times
get tough, I
get stronger
and braver – I
get tougher!**

07

Quick Strength
And Courage

**Whatever I
have to do, I
do it with
courage and
lots of
strength!**

08

Quick Strength
And Courage

**I have lots of
courage,
enormous
amounts of
courage!**

09

Quick Strength
And Courage

**Whenever I
start doing
something, I
get filled with
courage!**

10

Quick Strength
And Courage

**fear is
useless: I
choose
bravery
instead!**

**I choose to
act with
courage, and
soon my fear
leaves!**

12

Quick Strength
And Courage

**I choose
bravery, I
choose
courage, and I
choose to act
with faith!**

13

Quick Strength
And Courage

**Nothing can
stand on my
way, I act
with courage!**

14

Quick Strength
And Courage

**Nothing can
bother me, I
think with
courage!**

15

Quick Strength
And Courage

**I am ready to
overcome
whatever
obstacles I
face!**

**I am stronger
than the
obstacles I
face! I am
stronger than
fear!**

17

Quick Strength
And Courage

**I am a strong
person, and I
have
enormous
powers in me!**

18

Quick Strength
And Courage

**At any given
moment, I am
bold and
strong!**

19

Quick Strength
And Courage

**I am an
overcomer: I
overcome
obstacles with
ease!**

20

Quick Strength
And Courage

**Boldness is
my second
name; I am
bold!**

21

Quick Strength
And Courage

**Today, I push
fear away
and act
bravely!**

**The more
bravely I act,
the more
courageous I
feel!**

23

Quick Strength
And Courage

**Each obstacle
that I
overcome
makes me
braver!**

**my fears
disappear
with each
new act of
courage!**

25

Quick Strength
And Courage

**I feel great
strength and
courage arise
in me!**

**Nothing can
slow me
down: I
overcome all
obstacles!**

**I will never
stop: never,
never, never!
I am going
firmly on my
way!**

**I let boldness
guide me! I
am one with
it, and it
serves me
well!**

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