

# DAILY AFFIRMATIONS IN PDF: 36 EMPOWERING EXAMPLES

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## *Happiness Affirmations:*

- 1. Happiness is my birthright, and I embrace it fully.*
- 2. I choose to find joy in every moment of my life.*
- 3. I radiate happiness and positivity, wherever I go.*
- 4. My happiness is a magnet for more positive experiences.*

## *Success Affirmations:*

- 5. I am worthy of achieving great success in all areas of my life.*
- 6. Each day, I take steps towards my goals and manifest my dreams.*
- 7. Success comes naturally to me, and I embrace the abundance it brings.*
- 8. I am a success magnet, attracting opportunities and achievements.*

## *Confidence Affirmations:*

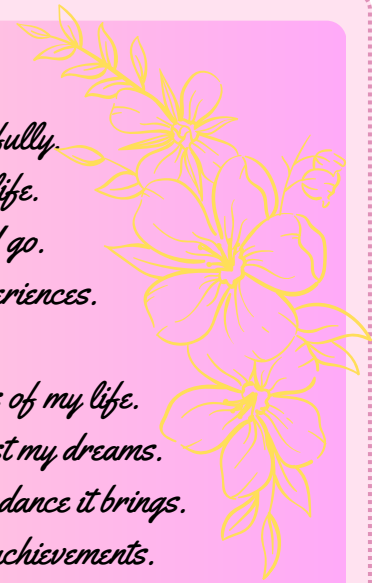
- 9. I am confident in my abilities and trust in my own unique strengths.*
- 10. I speak my mind with confidence and assertiveness.*
- 11. Confidence flows through me, empowering me to take bold actions.*
- 12. I am deserving of success, and I believe in my own capabilities.*

## *Overcoming Fear Affirmations:*

- 13. I release fear and step into my courage and inner strength.*
- 14. Fear is just an illusion, and I choose to move forward with bravery.*
- 15. I am resilient and capable of overcoming any fear that arises.*
- 16. With each breath, I release fear and embrace a sense of calm and courage.*

## *Creating a Calm Life Affirmations:*

- 17. I am the calm amidst the storm, finding peace in all situations.*
- 18. Serenity fills my mind and allows me to navigate life with ease.*
- 19. I release stress and welcome tranquility into my being.*
- 20. My life is a sanctuary of calmness, and I create harmony in every aspect.*



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## *Love and Relationships Affirmations:*

21. *I attract loving and fulfilling relationships into my life.*
22. *I am worthy of giving and receiving love in its purest form.*
23. *My heart is open to experiencing deep and meaningful connections.*
24. *Love flows abundantly through every relationship I nurture.*

## *Abundance and Prosperity Affirmations:*

25. *I am aligned with the energy of abundance, and it flows to me effortlessly.*
26. *I am a magnet for wealth, prosperity, and financial abundance.*
27. *I deserve to live a life of abundance in all areas of my life.*
28. *The universe supports me in manifesting unlimited prosperity.*

## *Health and Well-being Affirmations:*

29. *My body is vibrant and filled with energy, supporting me in every way.*
30. *I nourish my mind, body, and soul with healthy choices and self-care.*
31. *I radiate wellness and attract positive vitality into my life.*
32. *Every day, my health improves, and I embrace a balanced lifestyle.*

## *Self-Love and Acceptance Affirmations:*

33. *I love and accept myself unconditionally, embracing my true worth.*
34. *I am enough just as I am, and I celebrate my unique qualities.*
35. *I deserve love and kindness, starting with love for myself.*
36. *I honour and respect myself, setting healthy boundaries in all aspects of my life.*

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