

# 35 Joy Affirmations in PDF

## AFFIRMATIONS.ONLINE



1. Each day, I stay with joy in my heart!
2. My soul is filled with joy and happiness for all the good that is in my life!
3. Daily, I choose to stay with a joyful mind and to think thoughts that bring me joy!
4. My days are joyful, and I have happy experiences that make me smile!
5. I feel good about my days, and my heart smiles with joy!
6. I welcome joy into my life!
7. Today, I open the doors to joy and happiness!
8. Yes, I feel joy in my heart, and contentment is present in my soul!
9. I enjoy each second of my life!
10. I feel blessed with joy!
11. My experiences in life make me feel joyful and in love with my days!

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12. I am a joyful person living a joyful life!
  13. I am a happy person whose heart is filled with joy!
  14. Nothing can stop me from feeling joyful!
  15. Each day, my heart is overwhelmed with joy and happiness!
  16. I smile with joy on a daily basis!
  17. My each experience brings happiness, joy and contentment to me!
  18. My each smile is a smile of joy!
  19. With each step that I make, joy comes to me!
  20. My actions bring joyful results to me!
  21. I experience joy and freedom; I breathe easily!
  22. With each breath that I take, I feel joyful!
  23. I gladly welcome the joyful days that await me!

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24. I spend my time being joyful and with a calm heart!
  25. My life brings joy and excitement to me!
  26. I love my joyful, happy days!
  27. I cherish each joyful moment that I have!
  28. I love myself; I love my days; and I love being joyful!
  29. I deserve to feel joy in my days, and constantly, I welcome joy into my reality!
  30. Yes, my heart is filled with joy and positive emotions!
  31. Joy settles in my soul and makes me feel glad, grateful and excited!
  32. I smile with joy daily!
  33. I breathe with joy daily!
  34. I move with joy daily!
  35. Today, I decide to live a joyful, happy, content life!